

## Nonfat No Sugar Added Vanilla Frozen Yogurt Mix – ½ Gallon Nutrition

### Nutrition Facts

Serving Size (100g)

Amount Per Serving

**Calories 100**      **Calories from Fat 5**

	% Daily Value*
<b>Total Fat</b> 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 5mg	2%
<b>Sodium</b> 120mg	5%
<b>Total Carbohydrate</b> 21g	7%
Dietary Fiber 0g	0%
Sugars 9g	

**Protein** 5g

Vitamin A 4%      •      Vitamin C 0%

Calcium 15%      •      Iron 0%

\*Percent Daily Values are based on a diet of 2,000 calories per day. Your daily values may be higher or lower depending on your calorie needs.

		2,000	2,500
<b>Total Fat</b>	Less than	65g	80g
<b>Saturated Fat</b>	Less than	20g	25g
<b>Cholesterol</b>	Less than	300mg	300mg
<b>Sodium</b>	Less than	2,400mg	2,400mg
<b>Total Carbohydrate</b>		300g	375g
<b>Dietary Fiber</b>		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: NONFAT MILK, WHEY, WHEY SOLIDS, NONFAT DRY MILK, EDIBLE SALTS, SORBITOL, MALTODEXTRIN, WATER, NUTRA SPECIAL STABILIZER (MICROCRYSTALLINE CELLULOSE, MONO & DIGLYCERIDES, CELLULOSE GUM, ASPARTAME, POLYSORBATE 80, GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN), NATURAL AND ARTIFICIAL VANILLA FLAVOR, AND ADDED YOGURT CULTURES.

\*\*\*\*\* ALLERGEN ALERT: Contains - Milk.

Note: This product was manufactured in a facility that uses peanuts, tree nuts, milk, egg, wheat, and soybean products.