

Nonfat No Sugar Added Vanilla Frozen Yogurt Mix – ½ Gallon Nutrition

Nutrition Facts

Serving Size (100g)

Amount Per Serving

Calories 100 **Calories from Fat 5**

| | % Daily Value* |
|-------------------------------|----------------|
| Total Fat 0g | 0% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Cholesterol 5mg | 2% |
| Sodium 120mg | 5% |
| Total Carbohydrate 21g | 7% |
| Dietary Fiber 0g | 0% |
| Sugars 9g | |

Protein 5g

Vitamin A 4% • Vitamin C 0%
 Calcium 15% • Iron 0%

*Percent Daily Values are based on a diet of 2,000 calories per day. Your daily values may be higher or lower depending on your calorie needs.

| | Calories | 2,000 | 2,500 |
|--------------------|-----------|---------|---------|
| Total Fat | Less than | 65g | 80g |
| Saturated Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: NONFAT MILK, WHEY, WHEY SOLIDS, NONFAT DRY MILK, EDIBLE SALTS, SORBITOL, MALTODEXTRIN, WATER, NUTRA SPECIAL STABILIZER (MICROCRYSTALLINE CELLULOSE, MONO & DIGLYCERIDES, CELLULOSE GUM, ASPARTAME, POLYSORBATE 80, GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN), NATURAL AND ARTIFICIAL VANILLA FLAVOR, AND ADDED YOGURT CULTURES.

***** ALLERGEN ALERT: Contains - Milk.

Note: This product was manufactured in a facility that uses peanuts, tree nuts, milk, egg, wheat, and soybean products.